

# Dr. Brownstein's Blog on Coronavirus: The Good News is Not Reported by Mainstream Media

You wouldn't know it, but there is still good news about COVID-19 out there. Listening to the media would make you believe that the sky is falling and we are all going to die from coronavirus.

Before I get into the good news, **let me preface this article by stating that I am not minimizing the dangers of COVID-19. It is a serious illness as I have observed in both patients and friends.** Thousands have died and, unfortunately, more deaths are coming. However, our fear level is much too high for this illness. Children are not dying in droves from this. Nor are children being maimed and paralyzed. This is not Ebola or hemorrhagic fever where the death rate is 50% or higher in those that get it. The final death rate from COVID-19 will probably be at or slightly higher than the regular yearly influenza death rate of 0.01%—once we start testing everybody to see how prevalent this illness actually is.

Original modelling estimates predicted that millions could die in the US. Dr. Fauci stated recently that the worst of the recent modelling estimates may result in 100,000-200,000 deaths. The 100,000-200,000 number is awful. But it needs to be put in proper perspective. Let's say that 200,000 Americans die of COVID-19. That means that COVID-19 will kill 0.06% of our population (200,000/329,500,000). In other words, 99.94% of us will survive. If it kills 100,000, 0.03% of us will die and 99.97% of us will live.

The death of 200,000 Americans is a big deal. But, I don't think it deserves the fear level we are at right now. Another important point about these numbers is that **COVID-19 primarily kills the elderly and those with co-morbid conditions.** Those who do NOT fall into those categories have a LOWER risk of death from it. This should be wakeup call for all Americans to get healthy. We are too heavy, eat poor diets and don't exercise enough. *Adopting a holistic health plan can not only help you feel better, it can lower your risk of dying from many diseases including COVID-19.*

**For comparison, 630,000 Americans die from heart disease each year.**

So, my advice is STOP watching the news. They revel in the bad news and censor the good news. **What good news am I talking about?**

**How about this news: Three US hospitals use of IV vitamin C and other low-cost, readily available drugs cut the death-rate of COVID-19-without the use of ventilators! A press release dated March 30, 2020 stated:**

*"If you can administer Vitamin C intravenously starting in the Emergency Room and every 6 hours thereafter, while in the hospital, the mortality rate of this disease and the need for mechanical ventilators*

*will likely be greatly reduced,” says **Dr. Pierre Kory, the Medical Director of the Trauma and Life Support Center and Chief of the Critical Care Service at the University of Wisconsin in Madison.** He explains that *it’s the inflammation sparked by the Coronavirus, not the virus itself, that kills patients. Inflammation causes a condition called Acute Respiratory Distress Syndrome (ARDS), which damages the lungs so that patients, suffering fever, fatigue, and the sense that their inner chest is on fire, eventually cannot breathe without the help of a ventilator.**

The vitamin C is a combination therapy developed in 2017 by **Dr. Paul Marik at Eastern Virginia Medical School.** He gives critically ill patients IV doses of hydrocortisone, vitamin C, and vitamin B1 within six hours of entering the emergency room. Dr. Marik reported a significantly lowered death rate in those treated with his regimen. When COVID-19 came to Virginia, Dr. Marik used his protocol. He reported *saving four COVID-19 patients including an 86-year-old man admitted to the hospital with 100% oxygen. Elderly people on oxygen usually do not survive COVID-19.*

**Dr. J. Varon at United General Hospital In Houston** reported saving 16 lives with this protocol. He reports that his patients are getting off the ventilator at 48 hours instead of 10-21 days!

**My faithful readers know that I have been yelling as loudly as I can that all COVID-19 patients should be getting vitamin C IVs.** IN FACT, they should be getting vitamin C IVs within six hours of entering the ER because data shows a markedly reduced mortality rate if the IV is started within six hours of admission. A delay above that markedly increases the death rate. Once 12 hours has passed, it is too late. There is no mortality benefit from the IV protocol.

So why isn’t IV vitamin C along with the other therapies Dr. Marik recommends being used in every COVID-19 patient? I am rarely at a loss for words, but here I am.

IT IS INFURIATING! I have shown you our success in treating COVID-19 patients with a **holistic protocol that includes oral dosing of vitamins A, C, D, and iodine as well as IV vitamin C, ozone, and hydrogen peroxide.** I passed along the information *I presented above to two local hospitals and offered my services to explain how to properly administer IV nutrients. To date, I have heard that one of the hospitals is using vitamin C. That is great news. I hope the results mirror Dr. Marik’s results.*

Conventional medicine can wait for a vaccine. At the Center for Holistic Medicine, we know there is not time to wait for a vaccine. Natural therapies work. It is time for you to find a holistic doctor who understands the best way to treat COVID-19 (and many other illnesses) is to support the host. In particular, provide the immune system with the right nutrients so that it can appropriately fight back and overcome the disease.

**Final Thoughts:**

The press release regarding the success with vitamin C in treating COVID was sent to me late at night Monday (March 30, 2020). On Tuesday morning, I had a meeting with my nurses and said, "Finally, the hospitals are going to start using vitamin C on COVID patients. They are going to see what we have been seeing."

I guess I called that one wrong. I thought the press release would be the lead story on Fox, CNN, MSN, and every other media outlet. I thought there would be a run on IV vitamin C. I guess good news is not worth reporting. I say turn off the news. It is not worth watching. In fact, it is shameful. Where are the vitamin C reports? What about the reports that hydroxychloroquine appears to be helping?

Folks, there is other good news about COVID that I want to share. I will report that to you soon. It is most important to keep in mind that if the worst-case modelling estimate comes true—200,000 die—99.94% of us will be ok. And, I believe those estimates are too high. More about that later.

To All Our Health,  
~DrB

David Brownstein, MD is a conventionally trained Board-Certified Family Physician with the additional overlay of holistic principles.

While Dr. Brownstein does not claim to have a cure for any illness, he does believe that we can enhance the individual's immune system by supporting the 'host' & the terrain of the host. The human body is well designed and the immune system, when given the proper support, can optimally function.

Disclaimer: The information in this blog should not be used as medical advice. Any therapies that are discussed should be supervised under the guidance of your physician or licensed healthcare professional.