

Dr. Brownstein's Blog on Death Rate Falling

The Good News Is Still There: Death Rate for COVID Falling in New Study

These are tough times. The mainstream media (MSM—CNN, Fox, and nearly every other news station) is reporting 24/7 about COVID-19. We hear about every death in real time. We get daily updates about how many are infected and how many are dying. Listening to the MSM would have anyone believe that we have a plague on our hands that is not only infecting everyone, it is killing nearly everyone who becomes ill with it.

Folks, this is a perfect example of “Fake News.” **COVID-19 is neither infecting everyone nor is it killing the vast majority who get infected.** I have been writing about this since the start of the crisis. The best advice I can give you is to turn off the news. I can't stomach watching it. I have been treating patients with COVID for the past 6 weeks and finding success in using vitamins (A, C, D) and iodine along with IV dosing of hydrogen peroxide, vitamin C and ozone. Is this a cure for COVID-19? No, I do not claim to have the cure for COVID-19. I am reporting how our patients are doing on the therapies that we are recommending. The ultimate cure for COVID-19 is full herd immunity. That only comes when the majority of us have immunity against the virus.

I know there is good news about COVID-19 out there but you won't see much of that from MSM, as good news does not seem to sell as well as bad news.

Before I go on, let me again state that **I understand that COVID-19 is a serious illness.** I have had many patients and friends become ill with it. Some have suffered tremendously from it. Thank goodness, none have died. However, there are many who have died from the virus and, unfortunately, until this is over, there are more who will die from it. COVID-19 has hit us fast and hard but we will get past this. Things are already improving as hospitals in COVID-19 hot spots are not as full and now there is little concern that we will run out of respirators for those stricken with it.

Our country is shuttered right now. The economy is a mess as we have millions who have filed for unemployment.

Enough about the bad news.

So what is the good news now? As I stated above, at my office—The Center for Holistic Medicine—**we have seen patient after patient with COVID symptoms improve on our therapies. We have treated over 100 patients and, so far, we have no hospitalizations and no deaths.** My partners and I continually share notes and we are all seeing the same positive results. I have written to you about what we are doing numerous times in my blog posts.

We have seen some patients respond well to oral therapies including high doses of vitamins A, C, D as well as iodine. Many others, especially those with lung problems, have improved when they started nebulizing hydrogen peroxide and iodine. Others have needed IV dosing of vitamin C, hydrogen peroxide and ozone to overcome COVID-19.

Folks, there are treatments that work. We have found that following our protocol has helped over 100 patients to date. It is safe and effective. Conventional medicine is still searching for its silver bullet in the form of a hydroxychloroquine or Remdesivir. I hope those therapies pan out. There is much talk about a vaccine for COVID-19. However, a vaccine probably won't be available for at least six months to a year. We simply do not have time to wait for that. COVID-19 will not wait for a vaccine. It is here now.

Instead of focusing on the silver bullet that kills the virus, conventional medicine should be focusing on the host. **If the host has a strong immune system, he/she should be able to recover from COVID-19 and receive life-long immunity.** Remember, there are over 200 flu-like viruses with COVID-19 being one of them. In the future, there will be other viruses and some may be more severe. *We should be focusing on how to improve our health in order to give us the best chance to fight off a future infection.*

More good news came from a Stanford study that was released Friday, April 18, 2020. The study was undertaken to gain more information on how widespread COVID-19 is. Since the start of this illness, we lacked the proper testing kits. Even today, we are lacking proper testing kits. It is shameful. **How do we know how deadly this illness is if we don't know how many are actually infected by COVID-19?** *Since the start of this crises we have only been testing the sick. This will serve to artificially inflate the death rate.* For example, if two people in a town have strep throat and one dies, the death rate can be calculated as 50% (1/2). But, if 1,000 people in the town have strep throat and one dies, the true death rate is 0.1% (1/1,000).

The MSM has been reporting a death rate for COVID from 2-4%. That is a very high number as the death rate from the seasonal flu is around 0.1%. However, many more have COVID—they just aren't being tested. I have written about this numerous times.

Let's get back to the Stanford study. The researchers conducted a seroprevalence study of Santa Clara County, Calif on April 3-4. They studied a sample of 3,300 residents to test for antibodies to COVID-19. The scientists found that the number of people infected with COVID-19 was much larger than the 1,000 (or so) known positive cases. *Remember, the only ones being tested across the country so far are the very sick and hospitalized.* The results show that between 2.5 and 4.2% of the county residents are estimated to have antibodies against the virus. That means 48,000 to 81,000 actually had the virus—not 1,000. That is 50-85 times as high as the number of known cases! These numbers, when finally tabulated, will show the death rate for COVID-19 at or slightly higher than the 0.1% death rate for seasonal influenza-like illnesses.

Folks, that is very good news. We need more and more people who have been exposed to COVID-19 and now have immunity against it. It is the only way to get herd immunity. And, the vast majority who get COVID recover uneventfully—that is just what I have been writing to you over the last six weeks.

Final Thoughts:

We need to lower our fear level—now. COVID-19 is a serious illness. However, it is not Ebola or hemorrhagic fever that kills 50% of those infected. The final data will show that well over 99.9% of us will survive COVID-19. And, if you get COVID-19, there are therapies that help you get over it. Read my posts. **My entire library of COVID-19 blogs and patient testimonials can be found here: [Dr Brownstein's Blogs: Corona Virus](#)**

COVID-19 is a wakeup call for all of us. We need to live a healthier lifestyle which includes avoiding refined sugar and maintaining adequate hydration. We need to ensure that we have adequate vitamin and mineral levels BEFORE we become ill with an infection. We need to support the immune system when it needs a little help with IV vitamin therapies such as vitamin C. Ozone and hydrogen peroxide not only have anti-infective properties, they also help the immune system rev up its fight against a foreign invader. It is time to find a holistic doctor and to treat yourself holistically.

Otherwise, you can lockdown for six months to a year while waiting for a vaccine.

~DrB

David Brownstein, MD is a conventionally trained Board-Certified Family Physician with the additional overlay of holistic principles.

While Dr. Brownstein does not claim to have a cure for any illness, he does believe that we can enhance the individual's immune system by supporting the 'host' & the terrain of the host. The human body is well designed and the immune system, when given the proper support, can optimally function.

Disclaimer: The information in this blog should not be used as medical advice. Any therapies that are discussed should be supervised under the guidance of your physician or licensed healthcare professional.