

# Dr. Brownstein's Blog on Strengthening your Immune System

## **There Is Still Hope Out There- Jeremiah: "It Hit Me Very Hard and Fast.....I Had To Lay Down. I was Exhausted."**

*'It (fever) hit me very hard and fast last Saturday night.....I had to go laydown. I was exhausted.....'*

These are the words of my cousin and good friend, Jeremiah Freedman, who is a chiropractor in Ohio. Last weekend Jeremiah had shortness of breath, which is one of the symptoms of COVID19. He also had flu-like symptoms.

Watch my interview to learn how Jeremiah recovered by strengthening his immune system with high doses of vitamin A, vitamin C, vitamin D & iodine and nebulization.

To All Our Health!

~DrB



Click on the image to watch Jeramiah's testimonial on YouTube!

David Brownstein, MD is a conventionally trained Board-Certified Family Physician with the additional overlay of holistic principles.

While Dr. Brownstein does not claim to have a cure for any illness, he does believe that we can enhance the individual's immune system by supporting the 'host' & the terrain of the host. The human body is well designed and the immune system, when given the proper support, can optimally function.

Disclaimer: The information in this blog should not be used as medical advice. Any therapies that are discussed should be supervised under the guidance of your physician or licensed healthcare professional.